



## REGISTRATION PACKET

*The Josh Paul Foundation (TJPF) is a 501(c)3 non-profit organization focused on the advancement of education for students that have faced adversity, through special events that include some of Josh's greatest passions: music, health & fitness, and education. It is our hope that Josh's special gift of making everyone feel seen, heard, valued and worthy continues- in his honor- through our efforts in local schools.*



Hi,

We are so happy you are here! Thank you for taking time, this weekend, to be with us. This special event, in honor of my brother, and late educator, Joshua Paul Schwarz, could not happen without you. We are forever grateful, and we will *always* remember your gracious support of the **Ties & Tennis Shoes 5K!**

We want to make sure you have everything you need to succeed on race day. So, we have proactively included quite a bit in this packet. However, if you have any questions at all, please don't hesitate to reach out.

With gratitude,

*Kristin Banks*

**Kristin Banks**

Founder & Executive Director

[JoshPaulFoundationFounder@gmail.com](mailto:JoshPaulFoundationFounder@gmail.com)

Website: [www.JoshPaulFoundation.org](http://www.JoshPaulFoundation.org)



# Ties & Tennis Shoes 5K - Race Day Agenda

**Moody Gardens: Saturday, February 11, 2023**

- **6:15-6:30am** – Course/Vendor Setup, Volunteer Check-In
- **7:00-8:05am** – Participant Packet Pick-Up/Late Registration
- **8:00am** - Pre-Race Announcements
- **8:05am** – National Anthem
- **8:08am** –Moment of Silence for Josh Paul/Prayer – *Erica Palafox-Chua (Gateway Community Church)*
- **8:10am** – Pre-Race Stretch/Warm Up – *Kenedy Everling (The Wier Team EXP Realty, Zeke's Physiques & Zeke's Driveway Kings)*
- **8:15am** – Race starts
- **9:15am** – First Race Results Listed
- **9:25am** – Race Awards Presentation

***\*Early Packet Pick-Up: Friday, February 10, 2023, 4-6pm***

*Galveston Island Running Company  
518 23<sup>rd</sup> Street, Galveston, Texas 77550*

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*\*Be sure to check out additional vendors setting up tables near the start/finish line\**

**Waiver of Liability** *(already agreed to upon race registration: this is for your records):*

I understand if I attend the Ties & Tennis Shoes 5K, as a participant/volunteer/sponsor/attendee, I waive The Josh Paul Foundation, its board members, Moody Gardens, FTR Race Management, and any related parties of any liability from injury/illness/loss caused just before, during and/or after the event.

## Course Map (Moody Gardens)



### Key/Legend

- **V** – Volunteer post. There are 5 along the course, to guide you, in heading in the proper direction. Please note, the course will be marked. These volunteers will simply provide reassurance and cheer you on.
- **WS** – Water Station... You will pass this twice during your 5K.
- **P** – Parking (please park in this lot). \*Follow the black and white signs, posted from the Moody Gardens entrance all the way to the back parking lot marked in the map above. If you get lost, there is a pin at [www.JoshPaulFoundation.org](http://www.JoshPaulFoundation.org) under the Ties & Tennis Shoes 5K event page.
- **START** – Participant Check-In will be here. You should line up here, beginning just before 8am. You will need to line up parallel to the Participant & Volunteer Check-In tables for announcements and your pre-race warm-up
- **LAP 2** – you will complete the course in 2 laps. Please be mindful of the path at the start of your 2<sup>nd</sup> lap, so as not to cross the finish line in lap one, and stop your bib tracker, or alter your finish time.

### Safety:

- Be mindful of other participants when the race begins.
- Be aware of your surroundings at all times, and trust your common sense.
- Only bring what is necessary, and hide any/all personal belongings in your vehicle. All parties involved in the Ties & Tennis Shoes 5K are not responsible for lost/stolen items.
- Dress warmly for the day. It is expected to be a chilly morning. So, you may want to wear layers and bundle up.
- Please wear your bib on the front of your shirt. Return this to the check-in table upon completion of the race.
- If you have any questions, feel free to reach out to the board of directors, or a volunteer (see blue VOLUNTEER lanyards).

# What's next for The Josh Paul Foundation?

**March 7, 2023, 6-8PM: Scholarship Awards Gala** (*Creekside Intermediate* - 4320 W Main Street, League City, Texas 77573) Here we will celebrate our three Class of 2023 scholarship award recipients! We are so excited to have the opportunity to support them in continuing their education beyond high school, thanks to generous people like you. Tables are available for purchase, along with sponsorship opportunities. Event is open to the public. More information provided soon on Facebook and at [JoshPaulFoundation.org](http://JoshPaulFoundation.org) If you'd like to confirm a table/sponsorship now, please email [JoshPaulFoundationFounder@Gmail.com](mailto:JoshPaulFoundationFounder@Gmail.com) to get started today!

**May 6, 2023: Kendra Gives Back** – Graduation, Mother's Day, and more, are right around the corner! Join us from 4-6pm at Kendra Scott (Baybrook Mall, Webster Texas) for a special shopping event. Too far to drive? Use the code provided on Facebook and [JoshPaulFoundation.org](http://JoshPaulFoundation.org) as we get closer to the event, to shop online. 20% of all proceeds will be donated to The Josh Paul Foundation Scholarship Fund!



**Spring/Summer 2023:** Look for us in PISD, CCISD and BISSD schools hosting **music, and health & fitness, activities** for students!

**June 2023: The Josh Paul Foundation's 1<sup>st</sup> Annual Golf Tournament** is in the works. Stay tuned for further details. Team registration, raffle prize donations and sponsorship opportunities will all be available.

**October 2023:** Are you musically gifted? We'll announce plans for our local **Josh Paul-ooza Music Competition & Concert** soon. We can't wait to hear/see you perform onstage. There will be a cash prize for the winner!

**November 25, 2023: Kendra Gives Back** – The holidays are right around the corner! Join us from 3-6pm at Kendra Scott (Baybrook Mall, Webster Texas) for a special shopping event. Too far to drive? Use the code provided on Facebook and [JoshPaulFoundation.org](http://JoshPaulFoundation.org) as we get closer to the event, to shop online. 20% of all proceeds will be donated to The Josh Paul Foundation Scholarship Fund!

**October-December 2023:** Our 2<sup>nd</sup> annual **scholarship** essay competition will be open to graduating seniors in the Class of 2024. Check out [www.JoshPaulFoundation.org](http://www.JoshPaulFoundation.org) for parameters, essay prompts, and deadlines this fall. We're so excited to hear your stories and announce our next group of scholarship recipients for The Josh Paul Foundation!

**Year-Round:** Are you or your company looking to support a cause that is close to your heart? We are actively looking for sponsors to support our efforts in local schools, and in the lives of students that need us. Feel free to visit our website, anytime, to make a donation or send an email to our Founder ([JoshPaulFoundationFounder@gmail.com](mailto:JoshPaulFoundationFounder@gmail.com)) today. Thank you, in advance, for being a major part of our success and that of the students we support!



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The Josh Paul Foundation