



REGISTRATION PACKET

The Josh Paul Foundation (TJPF) is a 501(c)3 non-profit organization focused on the advancement of education for students that have faced adversity, through special events that include some of Josh's greatest passions: music, health & fitness, and education. It is our hope that Josh's special gift of making everyone feel seen, heard, valued and worthy continues- in his honor- through our efforts in local schools.



Hi,

We're so happy you are joining us this weekend! Thank you for taking time out of your busy schedule to be here. This special event, in honor of my late brother, and awesome educator, Joshua Paul Schwarz, could not happen without you. We are forever grateful, and we will *always* remember your gracious support of the **Ties & Tennis Shoes 5K!**

We want to make sure you have everything you need to succeed on race day. So, we have proactively included quite a bit in this packet. However, if you have any questions at all, please don't hesitate to reach out.

With gratitude,

Kristin Banks

Kristin Banks

Founder & Executive Director

JoshPaulFoundationFounder@Gmail.com

Website: www.JoshPaulFoundation.org



Ties & Tennis Shoes 5K - Race Day Agenda

Moody Gardens: Saturday, October 4, 2025

- **6:15-6:30am** – Course/Vendor Setup, Volunteer Check-In
- **7:00-8:05am** – Participant Packet Pick-Up/Late Registration
- **8:00am** - Pre-Race Announcements
- **8:05am** – National Anthem – Ryan Ferrugia (Saxophone)
- **8:08am** –Moment of Silence for Josh Paul/Prayer – *Kristin Banks, The Josh Paul Foundation Founder*
- **8:10am** – Pre-Race Stretch/Warm Up
- **8:15am** – Race starts (*On your mark, get set, go!*)
- **9:15am** – First Race Results Listed
- **9:25am** – Race Awards Presentation

****Early Packet Pick-Up: Friday, October 3, 2025, 4-6pm***

*Galveston Island Running Company
518 23rd Street, Galveston, Texas 77550*

Thank you to our Sponsors:



Be sure to check out additional vendors setting up tables near the start/finish line

Waiver of Liability *(already agreed to upon race registration: this is for your records):*

I understand if I attend the Ties & Tennis Shoes 5K, as a participant/volunteer/sponsor/attendee, I waive The Josh Paul Foundation, its board members, Moody Gardens, FTR Race Management, and any related parties of any liability from injury/illness/loss caused just before, during and/or after the event.

Course Map (Moody Gardens)



Key/Legend

- **V** – Volunteer post. There are 5 along the course, to guide you, in heading in the proper direction. Please note, the course will be marked. These volunteers will simply provide reassurance and cheer you on.
- **WS** – Water Station... You will pass this twice during your 5K.
- **P** – Parking (please park in this lot). *Follow the black and white signs, posted from the Moody Gardens entrance all the way to the back parking lot marked in the map above. If you get lost, there is a pin at www.JoshPaulFoundation.org under the Ties & Tennis Shoes 5K event page.
- **START** – Participant Check-In will be here. You should line up here, beginning just before 8am. You will need to line up parallel to the Participant & Volunteer Check-In tables for announcements and your pre-race warm-up
- **LAP 2** – you will complete the course in 2 laps. Please be mindful of the path at the start of your 2nd lap, so as not to cross the finish line in lap one, and stop your bib tracker, or alter your finish time.

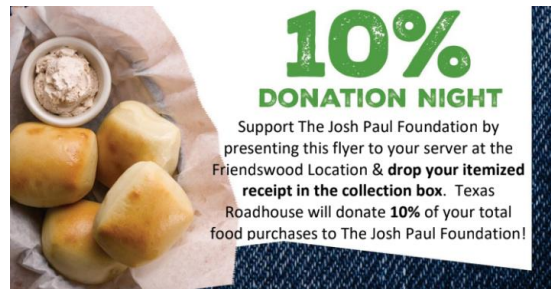
Safety:

- Be mindful of other participants when the race begins.
- Be aware of your surroundings at all times, and trust your common sense.
- Only bring what is necessary, and hide any/all personal belongings in your vehicle. All parties involved in the Ties & Tennis Shoes 5K are not responsible for lost/stolen items.
- Dress warmly for the day. It is expected to be a cool morning.
- Please wear your bib on the front of your shirt. Return this to the check-in table upon completion of the race. You must crossover the track at the starting line, and back over it again **ONLY** at the finish line. If you cross over, halfway through the race, your time will be recorded inaccurately.
- If you have any questions, feel free to reach out to the board of directors, or a volunteer (see blue VOLUNTEER lanyards).

What's next for The Josh Paul Foundation?

October 15, 2025: C/O 2026 Scholarship Application Opens – Visit our website to access/complete the application! We are so excited to have the opportunity to support them in continuing their education beyond high school, thanks to generous people like you.

December 3, 2025 Texas Roadhouse Dine 2 Donate: Join us at Texas Roadhouse (Friendswood, Texas) for a great cause. Bring your family and friends out for a late lunch or dinner with The Josh Paul Foundation. 10% of the proceeds from your meal will go directly towards The Josh Paul Foundation's annual scholarship fund, at no cost to you, by simply leaving your itemized receipt in the box by the hostess stand.



January 19, 2026 Scholarship Contest Closes! All entries must be received by 11:59pm to be considered.

February 28, 2026: All scholarship winners will be notified, by phone, on what would have been Josh Paul's 45th birthday!

Spring/Summer/Fall: Look for us in PISD, CCISD and BISD schools hosting **music, and health & fitness, activities** for students!

June 2026: The Josh Paul Foundation's 4th Annual Golf Tournament is in the works. Stay tuned for further details. Team registration, raffle prize donations and sponsorship opportunities will all be available.

October 2026: 5th Annual Ties & Tennis Shoes 5K will take place in Galveston, Texas. Be sure to sign up early to receive early bird pricing. Follow us on all socials, to watch for announcements.

Year-Round: Are you or your company looking to support a cause, close to your heart? We are actively looking for sponsors to support our efforts in local schools, and in the lives of students that need us. Feel free to visit our website, anytime, to make a donation or send an email to our Founder (JoshPaulFoundationFounder@gmail.com) today. Thank you, in advance, for being a major part of our success and that of the students we support!



@thejoshpaulfoundation



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The Josh Paul Foundation